NORWICH FROSTBITE SAILING CLUB RADIO'S CRIB SHEET.

The Club has four portable VHF radios.

2 x Motorola TA200 and 2 x Binatone Terrain 750

These are all set to operate on Channel 6.26, which has been found to have very little external interference. It should not be necessary to change this Channel setting.

The Motorola's are switched on, and off, by holding down the red button for a few seconds until it beeps. To speak to the other radios, press in and hold the button on the side as you speak. Release the button before you can receive speech.

The Binatone's are switched on, and off, by pressing and holding the red button near the arial until it beeps. To speak to other radios, press down and hold the large black button in middle of front. Release the button to receive speech.

The Radio batteries need to be recharged every 2 weeks. The Motorola's have three AA rechargeable batteries each, which have to be removed and charged in a normal Home Charger. The Binatone's have internal batteries and are charged by placing the whole radios into a supplied charging unit.

The usual routine is to have one Binatone radio in a plastic bag in each Safety boat, one Motorola in the Starters Box and the other as a spare.

Don't forget to turn radios off after sailing as batteries go flat in a few hours when left on.